VIGNAN'S INSTITUTE OF MANAGEMENT AND TECHNOLOGY FOR WOMEN

[Sponsored by Lavu Educational Society]

(Approved by AICTE, New Delhi & Affiliated to JNTUH, Hyderabad.)

Kondapur (V), Ghatkesar (M), Medchal - Malkajgiri (D) - 501 301 Phone: +91 96529 10002/3



List of Programs Conducted and the Number of Students Participated for Life Skills

S. No	YEAR	Name of the capacity development and skills enhancement program	Number of students Participated
1	2021-22	Seminar on Physical and Mental Health	158
2		Awareness of Health through Nutritious food	223
3		Dental and Eye Checkup	72
4		International Yoga day	116
5	2020-21	Awareness Program on "Yoga & Meditation"	107
6		Program on "Vaccination Drive"	103
7		Program on "Haritha Haram"	60
8		Eye Checkup camp	106
9	2019-20	Awareness Program "Marshelarts and Self defense"	216
10		Program On "Ability to develop Physical and Mental Strength "	115
11		Program On "Yoga and Meditation"	97
12	2018-19	Program On "Medical & Blood Donation Camp"	40
13		Seminar on "Ability to Build Stress Management Personality development"	158
14		International Yoga day	130
15	2017-18	"Medical & Dental Check-up Camp"	58
16		"Importance of Sports/Games in Emotion Balance"	107
17		International Yoga day	123



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PRINCIPAL
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